

## Town of Gorham, Board of Health

Meeting Minutes for February 15<sup>th</sup>, 2023

6pm VIA Zoom

1. Meeting called to order
  - a. Attendees: Dr. Colby Wyatt, Eric Thistle, Melissa Vanmeter, and Councilor Ginny Wilder Cross
2. Elect a Chairperson of the Board of Health
  - a. Eric Thistle elected as chair with a unanimous vote
  - b. Melissa Vanmeter recorded meeting minutes
3. Discuss the duties of Board of Health
  - a. Melissa Vanmeter shared experience and role of chairperson
  - b. Colby Wyatt provided history of Board of Health
    - i. Support for Town Councils, Code Enforcement Officer
4. Councilor Wilder Cross posed question to Board of Health to discuss views on sale of flavored nicotine products in Gorham
  - a. Recent ban on flavored nicotine products in Maine cities/towns – South Portland
  - b. Dr. Wyatt shared effects of flavored nicotine tobacco on children/teens
    - i. Brain development, addiction likelihood, target groups, ways to purchase
  - c. Members discussed sales locations of flavored nicotine tobacco products
  - d. Eric asked board members to confirm that the Board of Health opposes the Town of Gorham to allow the sale of flavored nicotine products
    - i. Melissa Vanmeter and Dr. Wyatt voted unanimously in agreeance
5. Member discussion about edible marijuana products related to accidental ingestion
  - a. Dr. Wyatt wrote article related to edible marijuana – will share with board
6. Future plans/goals and action items
  - a. Review evidence to support proposal to stop sale of flavored nicotine products in Town of Gorham
  - b. Councilor Wilder Cross discussed process to bring proposal to Town Council
  - c. Board of Health to share with Gorham Times and USM student newspaper
7. Next meeting scheduled for Wednesday, March 29<sup>th</sup> at 6pm VIA Zoom
8. Meeting adjourned at 7pm